## Is there evidence to support

# Personal Hearing Devices for CAPD management (?)

MICHAEL O. WEBB, M.S.

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Michael O. Webb, M.S.,

Neuro-Audiologist Auditory Processing Specialist

**4524 E. Hereford Rd. Hereford, AZ 85615** (Mountainside Center)

Phone/FAX: 1-877-508-1130 mowebb.earc@gmail.ccm

CAPD Diagnosis and Treatment

# What is CAPD Really?

"It should be noted that a diagnosis of CAPD does not necessarily describe a single, unitary disorder, but actually represents a group of clinical entities which – individually or occurring together - often comorbid with other supramodal influences, can result in communicative difficulties for a patient. ..."

-- Michael Webb



# What is CAPD Really?

"...Symptoms like poor speech-in-noise performance, temporal processing problems, "amblyaudia" (abnormal integration of the signals from the two ears in the brain), spatial processing disorder (SPD), phonemic decoding; etc., represent some of the clinical manifestations that are included in CAPD. Professional differential diagnosis by a qualified neuro-audiological specialist and other relevant professionals is critical."



## Is CAPD Management a Reality?

>While all manifestations of CAPD are not exclusively auditory-specific; neither are the associated, comorbid supra-modal deficits "auditory-independent."

>"Auditory Fingerprint" ("Footprint"-F. Musiek)



## Is CAPD Management a Reality?

>Ideally, "Management as Reality" can be achieved by professional competence, cooperation, mutual respect, and the reciprocal sharing of ideas and relevant outcomes.



# What is "Management?"

#### **Merriam-Webster:**

"Management is <u>judicious</u> use of <u>means</u> to accomplish an <u>end</u>."

Is our "Management" characterized by having and exercising sound [clinical] judgment (i.e., "judicious")?



# What is "Management?"

#### **Merriam-Webster:**

"Management is <u>judicious</u> use of <u>means</u> to accomplish an <u>end</u>."

Are our "Management" processes and procedures (i.e., "means") guided and informed by this sound clinical judgment?



# What is "Management?"

#### **Merriam-Webster:**

"Management is <u>judicious</u> use of <u>means</u> to accomplish an <u>end</u>."

Do our "Management" processes and procedures guided by sound clinical judgment produce a beneficial outcome (i.e., "end")?









... Gognition is the

"Active participation with sound is the scaffolding of cognition."

--Nina Kraus\*



# Deficit-Specific Interventions

Both ASHA & AAA guidelines address the principles that should guide management of CAPD.

#### They specify:

- •Interventions should be related to particular deficits
- •To capture the power of neuroplasticity, therapy interventions should be regular-- frequent and robust. Multi-modal stimuli are likely advantageous.
- "Neurons that fire together, wire together." (Hebb)





# Personal Hearing Device (PHD) Options

- •With rare exceptions, CAPD *is*, at least in part, a "Hearing [Listening] Deficit" (though *not* a "hearing loss."): *like a "conductive pad" in the CANS*.
- •Partial helps for signal improvement in CAPD are
  - Increased audibility (especially for consonants)
  - Reduced background noise (Better SNR)
  - Mitigation of effects of acoustics and distance
  - Direct, clear access to target voices (Teachers; etc.)



CAPD Management

# Non-Electronic Alternatives







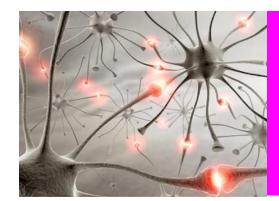








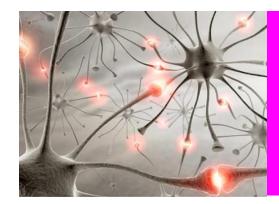
Free Demo Today Only!



# Personal Hearing Device (PHD) Options

- Kuk, et.al. JAAA (2008), "Personal Amplification for School-Aged Children with [APD]." Improved scores on APD tests and classroom performance after use.
- Now with the proliferation of wireless accessories (esp. companion mikes, Streamer/FM & DM boots) the options for classroom use have exploded.
- •Plus, a PHD system is **BINAURAL & Portable**.





# Personal Hearing Device Options

- We have fitted scores of Adult and Pediatric CAPD patients with these systems with very positive responses in most cases. Good TBI outcomes.
- •Personal Devices/Streamer should be considered as a stand-alone (or combined with FM, if available) option for auditory enhancement if possible. Always with a trial period! Real-Ear verification is critical!



### **Hearing Aid Considerations**

"Sometimes 'more' isn't better, Linus: sometimes it's just 'more."

--Sabrina

- Digital features are largely strategies to compensate for poor cochlear function
- Aggressive feedback systems aren't as critical (minimal gain)
- Multi-band processing and noise reduction systems aren't critical with such narrow fitting parameters
- Complex directionality schemes (polar-plot "nulls"/ binaural "spatial sound" processing likely won't benefit significantly
- Sometimes complex features: multi-bands, compression factors (WDRC), noise features/switching, feedback systems; etc., introduce signal delays, circuit noise, and faint distortions (artifacts), usually not audible to cochlear hearing losses but possibly intrusive to CAPD patients. More linear is often better (think output limiting--again, think "conductive.")

#### Hearing Aid Considerations (Cont'd)

#### But don't scrimp on the important stuff!

- Do get <u>bluetooth</u> streamer/companion mike capability.
   (FM/DM Jack). <u>Avoid dedicated iPhone/Android systems</u>!\*
- Streamer with capability to mute onboard environmental microphones while in streaming modes.
- Do get a <u>T-Coil</u> (or at least a streamer with onboard T-coil)
- I prefer to offer unlinked (independent) bi-directional VCs for the two ears (avoid HA's with "sprinkler" VC or no VC at all.)
- For pediatrics, get a good pediatric support package and warranty. (L&D ins!)
- Function over form. <u>BUT</u>! For tweens/teens, compromise may be needed.\*

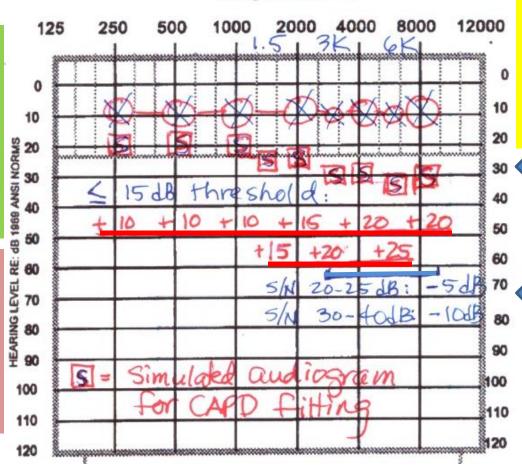
### Suggested Gain Correction Factors

#### **PURE TONE AUDIOGRAM**

FREQUENCY IN Hz

Flat, Reverse audiograms (>20 dB in LFs), or frequencies with A/B gaps may need extra gain (+ 5-10 dB)

+/- occluding earmolds will usually require less gain (not recommended for < 25 dB loss)



Simulated Audiogram should be inputted in fitting software (with a note: "Simulated for CAPD Fitting."

Simulated Gain should be reduced in HFSNHL (3000-8000 Hz only)

### General Fitting Guidlines

- I prefer a <u>full-directional</u> program for the default memory.
- For kids under 7, I usually only set up <u>one memory</u> at the beginning, with <u>no active controls</u>. With experience, add VC.
- For older kids/ adults, I will typically add an <u>omni</u> <u>program as secondary</u>, and possibly a T-program for loops or landlines (but usually not necessary)
- Experimenting with adaptive directionality may be useful in some cases.
- I usually start with a mid-level <u>adaptation setting</u> and, if tolerated well, increase to full target after 1-2 weeks.

## General Fitting Guidelines (Cont'd)

- Acclimatization period should build ASAP to include <u>class-time at a minimum</u>. I encourage them to expand use to other life situations (esp. competitive), but don't demand it. Most use the HA's full time [=f(age)]
- After <u>one month</u> of use, provide parents/teacher(s)
   <u>questionnaire</u>(s): BMQ-R, CHAPPS, Q-SAO/ CAPD-C
   [COSI, APHAB]
- After 3-6 months, do probe <u>CAPD behavioral retests</u> to gauge benefit and assist in choosing further therapeutic interventions (as needed).
- Follow-up <u>ABR/CAEPs after 9-12 months</u> (if applicable).

#### Questionnaire for Assessing Subjective Amplification Outcomes in Child CAPD Patients (Q-SAO/ CAPD-C)

How long has your child worn personal hearing devices (PHD) to treat communication difficulties associated with central auditory processing disorder (CAPD)?

Describe auditory symptoms which s/he experienced prior to/ after beginning CAPD treatment with PHDs:

(Circle best option: Use different colored pens or pencils for "before" and "after" responses.)

#### Rating: 1-Not at all, 2-Rarely, 3-Occasional, 4-Frequently, 5-Constant/Crisis

- a) Poor word recognition in quiet environments ("Huh?" a lot) [1-2-3-4-5]
- b) Poor word recognition in classes / noisy environments [1-2-3-4-5]
- c) Poor ability to maintain auditory attention [1-2-3-4-5]
- d) Poor word recognition with soft-spoken people [1-2-3-4-5]
- e) Poor word recognition from speakers/signals at a distance (> 6 feet) [1-2-3-4-5]
- f) Poor word recognition with rapid speech presentations [1-2-3-4-5]
- g) Poor word recognition with television/ Likes volume louder [1-2-3-4-5]
- h) Poor word recognition in movie theaters [1-2-3-4-5]
- i) Poor word recognition in live theater [1-2-3-4-5]
- i) If in lectures, poor understanding even with strategic/ preferential seating [1-2-3-4-5]
- k) Increased stress or anxiety in communication situations or afterwards (especially after school) [1-2-3-4-5]
- l) Increased fatigue in listening situations or afterwards (e.g., after school) [1-2-3-4-5]
- m) Poor "auditory presence" (volume/ brightness / comfortable & easy access to signals)—often signaled by complaints of "It's not clear." [1-2-3-4-5]
- n) Difficulty maintaining focus / attention in an extended conversation [1-2-3-4-5]
- o) Frustration felt because communication partners express impatience or frustration (teacher(s), peers, family; etc.) [1-2-3-4-5]
- p) Impaired relationship(s) attributable to partner frustration in communication [1 2 3 4 5]
- q) Difficulty when visual cues (like facial/lips) were absent or limited [1-2-3-4-5]
- r) Difficulty on the telephone (direct to ear) or when listening with one ear (e.g., monaural headset/ earbud, whisper to one side; etc.)
  [1-2-3-4-5]
- s) Diminished appreciation of music or reduced subjective quality [1-2-3-4-5]
- t) Difficulty understanding song lyrics [1-2-3-4-5]
- u) Negative academic progress due to auditory challenges [1-2-3-4-5]
- v) Poor linguistic processing (phonics, reading, spelling, word problems in math [1-2-3-4-5]
- w) Withdrawal from desired activities due to poor auditory performance [1-2-3-4-5]
- x) Poor confidence (anxiety) in communication situations [1-2-3-4-5]
- y) Depression related to communication struggles [1-2-3-4-5]
- z) Observable diminished self-esteem or quality of life due to auditory issues [1-2-3-4-5]

Q-SAO /CAPD-C (Children)

#### Questionnaire for Assessing Subjective Amplification Outcomes in Adult CAPD Patients (Q-SAO/ CAPD-A)

How long have you worn personal hearing devices (PHD) to treat communication difficulties associated with central auditory processing disorder (CAPD)?

Describe <u>auditory symptoms</u> which you experienced prior to/ after beginning CAPD treatment with PHDs:

(Circle best option: Use different colored pens or pencils for "before" and "after" responses.)

#### Rating: 1-Not at all, 2-Rarely, 3-Occasional, 4-Frequently, 5-Constant/Crisis

- a) Poor word recognition in quiet environments ("Huh?" a lot) [1-2-3-4-5]
- b) Poor word recognition in noisy / competitive environments [1-2-3-4-5]
- c) Poor word recognition in poor acoustic environments [1-2-3-4-5]
- d) Poor word recognition with soft-spoken people [1-2-3-4-5]
- e) Poor word recognition from speakers/signals at a distance (> 6 feet) [1-2-3-4-5]
- f) Poor word recognition with rapid speech presentations [1-2-3-4-5]
- g) Poor word recognition with television/Likes volume louder [1-2-3-4-5]
- h) Poor word recognition in movie theaters [1-2-3-4-5]
- i) Poor word recognition in live theater [1-2-3-4-5]
- i) If in lectures, poor understanding even with strategic/ preferential seating [1-2-3-4-5]
- k) Increased stress or anxiety in communication situations or afterwards (especially after workl) [1-2-3-4-5]
- l) Increased fatigue in listening situations or afterwards (e.g., after work) [1-2-3-4-5]
- m) Poor "auditory presence" (volume/ brightness / comfortable & easy access to signals)—often signaled by complaints of "It's not clear." [1-2-3-4-5]
- n) Difficulty maintaining focus / attention in an extended conversation [1-2-3-4-5]
- o) Frustration felt because communication partners express impatience or frustration (worker(s), peers, family; etc.) [1-2-3-4-5]
- p) Impaired relationship(s) attributable to partner frustration in communication [1-2-3-4-5]
- g) Difficulty when visual cues (like facial/lips) were absent or limited [1-2-3-4-5]
- r) Difficulty on the telephone (direct to ear) or when listening with one ear (e.g., monaural headset/ earbud, whisper to one side; etc.) [1-2-3-4-5]
- s) Diminished appreciation of music or reduced subjective quality [1-2-3-4-5]
- t) Difficulty understanding song lyrics [1-2-3-4-5]
- u) Negative work/career outcomes due to auditory challenges [1-2-3-4-5]
- v) Poor reading comprehension/ recall [1-2-3-4-5]
- w) Withdrawal from desired activities due to poor auditory performance [1-2-3-4-5]
- x) Poor confidence (anxiety) in communication situations [1-2-3-4-5]
- y) Depression related to communication struggles [1-2-3-4-5]
- z) Observable diminished self-esteem or quality of life due to auditory issues [1-2-3-4-5]

Q-SAO /CAPD-A (Adults)

#### Q-SAO/ CAPD-C:

PRE-HA

**POST-HA** 

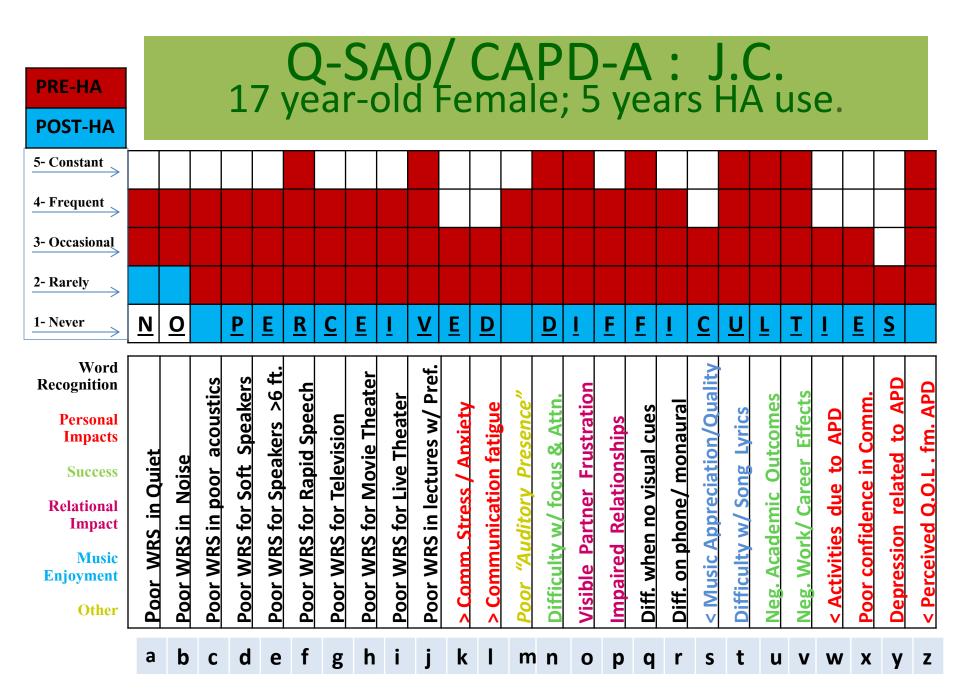
#### Score Sheet (Computer)

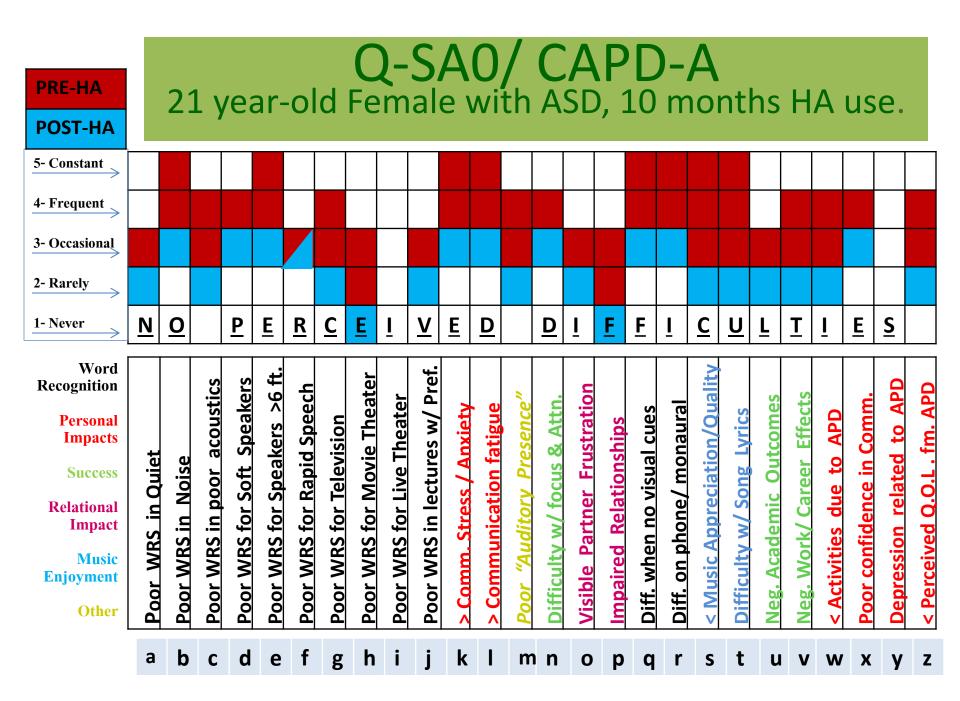
	. –																									
5- Constant																										
4- Frequent																										
3- Occasional																										
2- Rarely																										
1- Never	<u>N</u>	<u>o</u>		<u>P</u>	<u>E</u>	<u>R</u>	<u>C</u>	<u>E</u>	Ī	<u>v</u>	<u>E</u>	<u>D</u>		<u>D</u>	Ī	<u>F</u>	<u>F</u>	Ī	<u>C</u>	<u>U</u>	Ī	Ţ	Ī	<u>E</u>	<u>S</u>	
	а	b	С	d	е	f	g	h	i	j	k	ı	m	n	0	р	q	r	S	t	u	v	w	X	У	Z
Word Recognition  Sound Quality  Relational Impact Success  Music Enjoyment  Personal Impacts	Poor WRS in Ouiet ("Huh?")	VRS ir	Poor Auditory Attention	Poor WRS for Soft Speakers		Poor WRS for Rapid Speech	Poor WRS for TV/ Volume Up	Poor WRS for Movie Theater	Poor WRS for Live Theater	Poor WRS in class w/ Pref. Seats	Diff. when no visual cues	Diff. on phone/ monaural	Poor "Auditory Presence"	ired Relatic	Hurt by Partner Frustration		Neg. Academic Outcomes		sic Appred	v w/ Song Lyi		> Comm. Stress / Anxietv	es due t	Poor confidence in Comm.	Depression related to APD	< Self-Esteem due to APD

Q-SAO/ CAPD-C: PRE-HA Score Sheet (Hand Graphing) **POST-HA** 5- Constant • 4- Frequent 3- Occasional • • • • 2- Rarely <u>E</u> <u>F</u> <u>S</u> 1- Never P <u>E</u> <u>E</u> <u>F</u> <u>E</u> Ν <u>O</u> <u>R</u> <u>C</u> <u>D</u> <u>D</u> Poor WRS in class w/ Pref. Seats Word Poor WRS for TV/ Volume Up < Music Appreciation/Quality in Quiet ("Huh?") Poor WRS for Speakers >6 ft Poor WRS for Movie Theater Poor WRS for Soft Speakers Hurt by Partner Frustration APD Recognition Poor WRS for Rapid Speech **Poor WRS for Live Theater** Outcomes Poor confidence in Comm Poor Linguistic Processing Poor WRS in Class/ Noise Difficulty w/ focus & Attn Diff. on phone/ monaural / Anxiety < Self-Esteem due to APD Communication fatigue Diff. when no visual cues **Poor Auditory Attention** Personal Relationships related to **Impacts** Success Comm. Stress, Academic Relational **Impact Depression Impaired** Music **Enjoyment** Neg. Other e 0 u Z









#### CAP-O-GRAM

" S.N.

Audiologist:

Age: 20 yrs. 11 mos. Date(s) 5/14 and 6/4/2015 Michael O. Webb, M.S., CCC-A, FAAA

	Dichotic Digits LE RE	Phonemic Synthesis (Binaural) Quant/Qual.	Frequency Patterns (Free-field)	Duration Patterns (Soundfield)	MLD (500Hz) (Bilateral)	SSW (LC/RC) LE RE (UCONN)	GAPS IN NOISE LE RE Total %
00 %		<u>.</u>		DNT			
75 %		•				<b>x</b> 0	
		Quick Delay/NF				Significant Reversals (ORG)	
50 %						Ear Effect L/H (DEC)	
	$\infty$		-Label	<b>)</b>	8	я	Approximate Gap Det. 0 =
					6		10
25 %					2		8
0%	Shaded	Areas Indicate	Age-Group N	ormal Range	Note: MLD is NOT a % score.		112

COMMENTS: SCAN 3-A yielded disordered dichotic Competing Words-Free Recall (CW-FR) and forced-choice Competing Words-Directed Ear (CW-DE). Dichotic Competing Sentences (CS) indicated disordered binaural separation, with a significant left-ear advantage (10% cumulative prevalence). Statistically-significant abnormal ear-advantages are always considered abnormal in adults. Auditory closure for rapid presentations—measured by Time Compressed Sentences (TCS)—was disordered. Forced-choice tasks (CS and CW-DE) also tend to implicate frontal/pre-frontal executive function abilities. Dichotic abnormalities also typically involve interhemispheric transfer issues (corpus callosum).

CAP-O-Gram Legend: X-Left Ear O-Right Ear

**♦**-Qualitative PST score (from process errors)

□-Hummed FPT response (when labeling poor)

■-Binaural (Soundfield)

◆-Bilateral (Earphones)

CID W-22—Katz CAP Battery
(Speech in Quiet & Ipsi. Noise)

Right S/N Diff. Score: 24%

Middy Abnormal

Left S/N diff. Score: 36%

Severely Abnormal

Inter-Aural Diff. Score: - 12 diff.

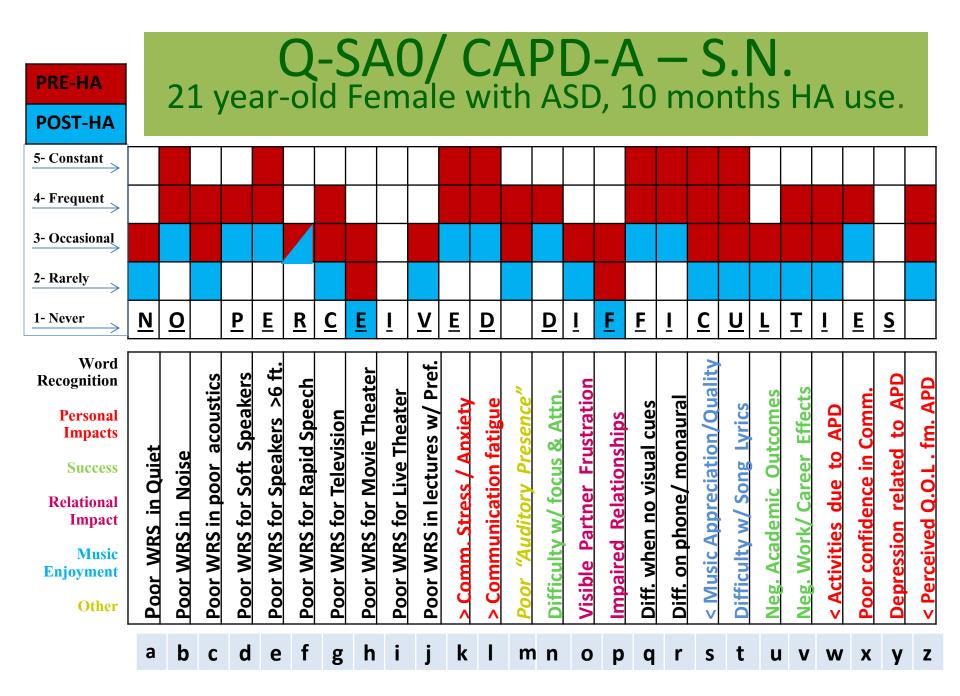
Middy Abnormal Right Ear Advantage

BKB-SIN Score: 5.5 dB dB SNR\*
(SNR Loss: WNL Mild Moderate Severe)

\*Circled scores are below normal

S.N., 21 y.o. Female (ASD)

- High-fn. Autism, dyslexia
- Left-hand dominant
- Reading (sight words), Spelling/word problems
- Poor comprehension
- Distractibility
- Poor musical aptitude and rhythm. Disliked music
- Learned ASL to support her communication
- Poor laterality/localization
- Poor auditory awareness/ alerting
- Failed course due to teacher's accent.
- Family Hx reading problems



# S.N. Subjective Comments

- Running water has most facuating Sound

   Walking on graved + Leaves is a splinded passtime Beachse I

   Birds have sound Not just noise can hear it!!
- I don't startly as easy from sudden noise
- I now understand "why" people Listen to music of Like it
- Beacuse I can them + understand music I have expanded my music Likes drastically
- Gouts make districtive Sounds
- Can have conversation in noisy welding Lab
- Don't have to be directly infront of someone to hear them they can be a little distance away
- = (an have conversation in Grocery store + enjoy it.
- can be included in coveration at restrout
- Roomate Notices diffence with 4 without hearing aids in
- muitable feople talking easier to track
- Some noises demand my attion
- drawn move to looking out peoples faces

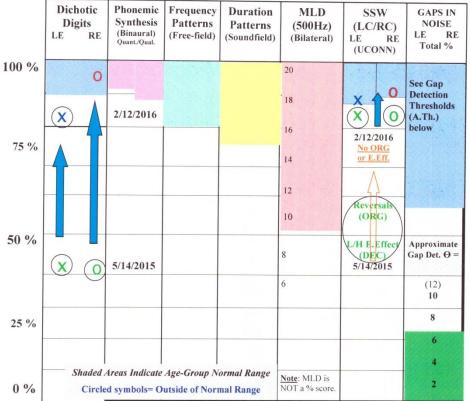
#### Post-Therapy Comparison CAP-O-GRAM

Patient: S.N. Age: 20 years, 5 mos.

Audiologist: M. Webb

Date(s) PRE: 5/14/2015 > POST: 2/12/2016

Michael O. Webb, M.S., CCC-A, FAAA



<u>COMMENTS</u>: 1. <u>SSW</u>: Left and Right competing scores improved to WNL bilaterally. No longer significant LNC or L/H Ear Effect (DEC) which existed on last test. There were no reversals as on last test. Total Errors decreased from 14 (~6SDs) to 7 (~2.5 SDs).

2. DDT: Significant (40% LE; 52.5% RE) improvement

<u>C</u>	AP-O-Gram Legend
X-Left Ear	O-Right Ear
<b>♦-Qualitative PST</b>	score ( from process errors)
□-Hummed FPT res	ponse (when labeling poor)
■ -Binaural (Sound	field) GREEN= Pre-therapy
◆-Bilateral (Earpho	ones) Red/Blue/Black= Post-Therapy
	= Therapy Improvements

# CID W-22—Katz CAP Battery (Speech in Quiet & Ipsi. Noise) Right S/N Diff. Score: %\* Left S/N diff. Score: %\* Inter-Aural Diff. Score: diff. QuickSIN Score: dB SNR\* (SNR Loss: WNL Mild Moderate Severe)

\*Circled scores are below normal

S.N., Post-10 mo. PHD Use SSW/DDT

- No other therapies used at the time of this retest.
- Patient has started dichotic training (A.P. "Zoo Caper Skyscraper").
- No further retests done as yet.
- Patient recently added a Bluetooth Streamer and companion mic.



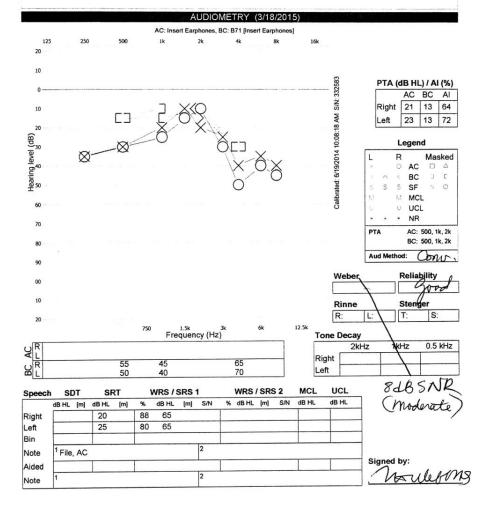


1989 S. Frontage Rd., Sierra Vista, AZ, 85635 http://www.sierrahearing.com

Fax: (520) 458-9623

Report comments:

# PLEASE SEE ATTACHED REPORTS



Phone: (520) 458-3383

## T.H., 8 y.o. Male (HFHL)

- Audiological follow-up since age 22 mos and 28 mos.
- Recurrent otitis media. Saw ENT for tx. (P.E. tubes). Had residual perforation.
- ➤ Lost from care for ~5 yrs.
- School AUD requested consult & poss. HA/FM
- Evaluated for CAPD
- Referred for HA's through S&C CRS clinic (Medicaid)
- Fitted for one H/A (R), despite bil. HL and CAPD.
- HOH teacher observed in math/art: "No APD impact."

#### CAP-O-GRAM

Patient: Audiologist: Age: 7 yrs. 8 mos. Date(s) 6/1 and 6/24 2015 Michael O. Webb, M.S., CCC-A, FAAA

		hotic igits RE	Syn	nemic thesis aural)	Frequency Patterns (Soundfield)	Duration Patterns (Soundfield)	MLD (500Hz) (Bilateral)	SSW (LC/RC) LE RE (Katz Norms)	GAPS IN NOISE LE RE Total %	
100 %						DNT	20		PASSED	
75 %	x	0	•		□-Hum		16	0	SCAN 3C Gap Detection Screening	
50 %							12 10 8	DEC / TFM	Approximate Gap Det. Θ = (A.Th.)	
								>3 SDs	<u>Msecs</u> . 10	
25 %				ick Delays	-Label				8	
0 %				<b>②</b>			Note: MLD is NOT a % score.		2	

COMMENTS: SCAN 3C results: Competing Sentences (CS) was abnormal, but with no significant ear advantage. Time Compressed Sentences (TCS) showed disordered performance for rapid speech presentations, indicating decreased auditory closure for such inputs. Abnormal TCS also likely reflects some deficits in temporal processing speed. There was a significant left-ear advantage (5% cumulative prevalence) for TCS.

LiSN-S (Binaural interaction) revealed a spatial processing disorder (SPD)—can't extract speech signal from noise signals coming from divergent trajectories.

#### CAP-O-Gram Legend

X-Left Ear

O-Right Ear

- **♦-Qualitative PST score ( from process errors)**
- □-Hummed FPT response (when labeling poor)
- -Binaural (Soundfield)
- ♦-Bilateral (Earphones)

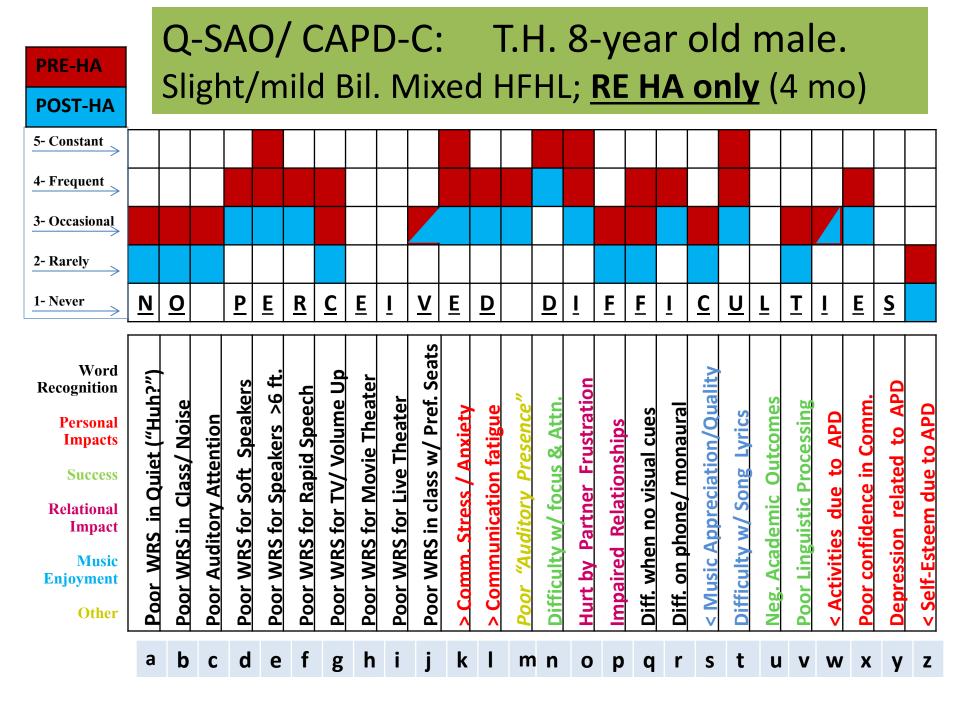
Shaded Areas Indicate Age-Group Normal Range

# CID W-22—Katz CAP Battery (Speech in Quiet & Ipsi. Noise) Right S/N Diff. Score: 32 %\* Left S/N diff. Score: 16%\* Grossly normal Inter-Aural Diff. Score: 16 diff. BKB-SIN Score: DNT dB SNR\* (SNR Loss: WNL Mild Moderate Severe)

\*Circled scores are below normal

## T.H., 8 y.o. Male (HFHL)

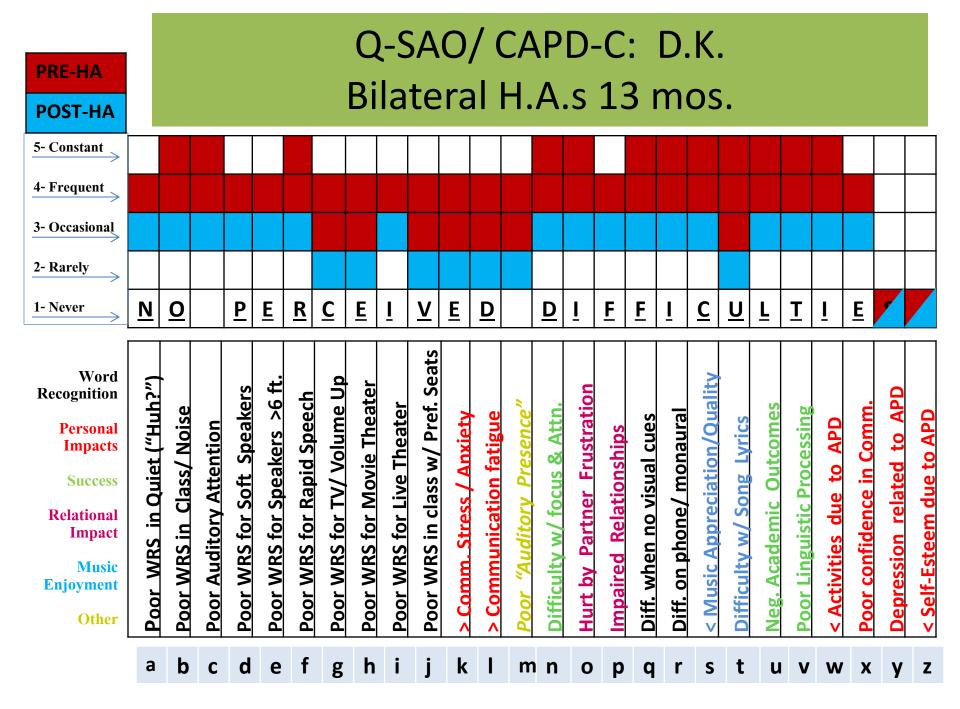
- Integration (REA) on SSW
- Abnormal FPT for labeling (WNL for humming) problems
- Severely abnormal PST (Qualitative: Quick, QR, and delays)
- Moderately abnormal W22-SIN on the right (LEA)
- Disordered auditory closure for rapid speech (TCS)
- Abnormal bin. Separation (CS)-no significant EA
- SPD on the LiSN-S



"Because T. also has sensorineural hearing loss it is hard to determine what the root of the problem was. One thing that stands out to me the most is that [he] rarely asks me "what a " is. (Insert any combination of letters to make a word that he *thinks* he heard.) And he has a high non-verbal IQ (131). In my opinion this is why he never asks "what?" [in class] and instead looks around and stands up to figure out what he is hearing. This comes across as ADHD..."

# T.H. Subjective Comments



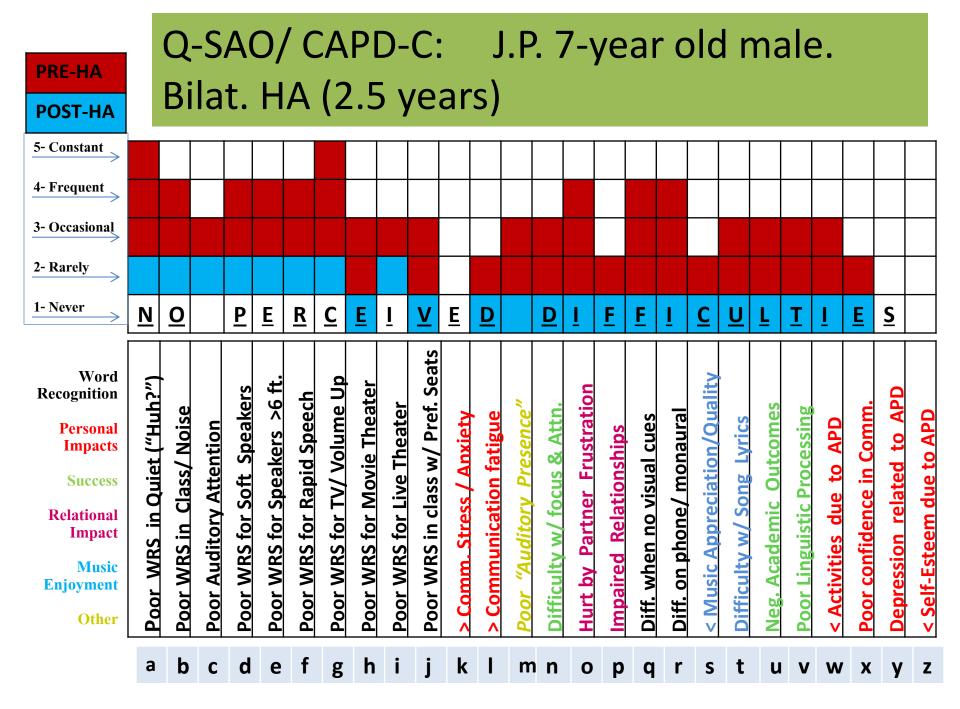


has improved alot now that he wears his hearing aide daily. His grades on assignments are more consistant. He has been able to pull all 'A's' &'B's with a 'C'every now and then. He has really grown in moth. He still struggles with reading. We are working on reading skills and trying to find ways to help bylan. De continues to go to speech Therapy and Occupational therapy on a weekly basis. He has progressed nicely.

We are open to new therapy type sessions, so if there is any you recommend that would be awesome.

\*We have used capatots \*ILS a few times. I hope we can make use of it more ona I hope we can make use of

# D.K. Subjective Comments



• "J. P. has excelled in school since he started waring [sic] his hearing aids. He is in the top of his class. He reads at a 6th grade level· He loves math and reading. He also recently became a member of the National Elementary Honor Society. Getting him PHDs was one of the best things we ever did for him. Thank you..."

J.P.
Subjective
Comments

Q-SAO/ CAPD-C: J.Sc.- > cognitive deficits PRE-HA Bilat. HA's -10 months **POST-HA** 5- Constant 4- Frequent 3- Occasional 2- Rarely <u>E</u> <u>S</u> 1- Never <u>P</u> E <u>E</u> <u>F</u> <u>F</u> <u>C</u> <u>E</u> Ν <u>O</u> <u>R</u> <u>C</u> <u>V</u> <u>D</u> <u>D</u> <u>U</u> L Poor WRS in class w/ Pref. Seats Word < Music Appreciation/Quality Poor WRS for TV/ Volume Up Poor WRS in Quiet ("Huh?") Poor WRS for Speakers >6 ft Poor WRS for Movie Theater Poor WRS for Soft Speakers APD Recognition Hurt by Partner Frustration **Poor WRS for Rapid Speech** Poor WRS for Live Theater Outcomes Poor confidence in Comm Poor WRS in Class/ Noise Poor Linguistic Processing Difficulty w/ focus & Attn Comm. Stress / Anxiety Diff. on phone/ monaural < Self-Esteem due to APD Communication fatigue Diff. when no visual cues APD **Poor Auditory Attention Personal** Relationships **Depression related to Impacts** Activities due to Success Neg. Academic Relational **Impact Impaired** Music **Enjoyment** Other k e g m n 0 u Z

Q-SAO/ CAPD-C: G.P.- 7-year old male. PRE-HA Bilat. HA (9 months) **POST-HA** 5- Constant 4- Frequent 3- Occasional 2- Rarely 1- Never <u>E</u> <u>E</u> <u>C</u> <u>C</u> <u>V</u> <u>E</u> <u>D</u> <u>U</u> L <u>S</u> Ν <u>O</u> <u>R</u> <u>D</u> <u>F</u> <u>F</u> <u>T</u> <u>E</u> Poor WRS in class w/ Pref. Seats Word Poor WRS for TV/ Volume Up < Music Appreciation/Quality Poor WRS in Quiet ("Huh?") Poor WRS for Speakers >6 ft Poor WRS for Movie Theater Poor WRS for Soft Speakers APD Recognition Hurt by Partner Frustration **Poor WRS for Rapid Speech** Poor WRS for Live Theater Neg. Academic Outcomes Poor confidence in Comm. Difficulty w/focus & Attn. Poor WRS in Class/ Noise Poor Linguistic Processing Diff. on phone/ monaural Comm. Stress / Anxiety < Self-Esteem due to APD Communication fatigue Diff. when no visual cues Activities due to APD **Poor Auditory Attention Personal** Relationships Depression related to **Impacts** Success Relational **Impact Impaired** Music **Enjoyment** Other k e g m n 0 u Z

"Since getting his hearing aids:

G. P.'s behavior in school has improved as a direct result of being able to focus and engage better in class. He gets out of his chair less, talks less with friends, and participates more. His reading and grades have improved more to a level I knew he was capable of.

He doesn't ask for clarification as often as he used to... The constant blank stares and "huh?" s are a thing of the past. It does still benefit him to give instructions slowly and while he is looking at you, but his comprehension has improved.

We have also found that G.P.'s speech is improved and he is easier to understand since getting his hearing aids."

G.P.
Subjective
Comments

Q-SAO/ CAPD-C: P.S. 7-year old male. PRE-HA Bilat. HA (1.5 years)/ Several weeks iLs trng. **POST-HA** 5- Constant 4- Frequent 3- Occasional 2- Rarely 1- Never E <u>E</u> <u>C</u> <u>D</u> <u>U</u> L <u>E</u> <u>S</u> Ν <u>O</u> <u>R</u> <u>E</u> E <u>D</u> <u>T</u> Poor WRS in class w/ Pref. Seats Word < Music Appreciation/Quality Poor WRS in Quiet ("Huh?") Poor WRS for TV/ Volume Up Poor WRS for Speakers >6 ft Poor WRS for Movie Theater Poor WRS for Soft Speakers **APD** Recognition Hurt by Partner Frustration **Poor WRS for Rapid Speech** Poor WRS for Live Theater Neg. Academic Outcomes Difficulty w/focus & Attn. Poor confidence in Comm Poor WRS in Class/ Noise Poor Linguistic Processing Diff. on phone/ monaural Comm. Stress / Anxiety < Self-Esteem due to APD Communication fatigue Diff. when no visual cues Activities due to APD **Poor Auditory Attention** Personal **Impaired Relationships Depression related to Impacts** Success Relational **Impact** Music **Enjoyment** Other e m n 0 Z

 "Hearing aids have changed his quality of life. He is doing much better in school and has almost caught up to his peers in reading levels. For my child, this is HUGE, as he was very far behind when he started wearing hearing aids. He started wearing them at the beginning of 2<sup>nd</sup> grade, yet he was reading on a Kg level, about four months in. He is now towards the end of his 3<sup>rd</sup> grade year, and is reading almost at 4th grade level. While he may not be in the top reading level, that is a huge improvement for him. He understands more of what the teacher is saying in class, and also has the ability to block out some of the loud background noise.

P.S.
Subjective
Comments

Q-SAO/ CAPD-C: D.M. 17-year old male. PRE-HA Bilat. HA (2 years) **POST-HA** 5- Constant 4- Frequent 3- Occasional 2- Rarely 1- Never <u>C</u> <u>D</u> <u>S</u> N <u>O</u> <u>E</u> <u>R</u> <u>E</u> <u>E</u> <u>D</u> <u>F</u> <u>F</u> <u>U</u> <u>E</u> Poor WRS in class w/ Pref. Seats Word < Music Appreciation/Quality Poor WRS in Quiet ("Huh?") Poor WRS for TV/ Volume Up Poor WRS for Speakers >6 ft Poor WRS for Movie Theater Poor WRS for Soft Speakers **APD** Recognition Hurt by Partner Frustration Poor WRS for Rapid Speech "Auditory Presence" Poor WRS for Live Theater Neg. Academic Outcomes Poor confidence in Comm Poor WRS in Class/ Noise Difficulty w/ focus & Attn. Poor Linguistic Processing Comm. Stress / Anxiety Diff. on phone/ monaural < Self-Esteem due to APD Communication fatigue Diff. when no visual cues Activities due to APD **Poor Auditory Attention Personal** Relationships **Depression related to Impacts** Success Relational **Impact mpaired** Music **Enjoyment** Other k e m n 0 Z

### Other Clinician Comments:

#### Katie Teague, AuD (U.S. Army-Texas)

[CAPD] soldiers are often seeking services actively vs. some guys that have noise induced hearing loss who feel "maybe I could hear better" or "I was surprised I had a loss". I think the big thing is that these guys leave for a deployment and are healthy, feel great, etc, get involved in blast trauma and never feel like they hear the same. They can nearly almost always tell you when the hearing changed. *They tend to perk* up immediately when they put the hearing aids on the first time. They tend to be my best users in not only they wear them everyday, but they wear them the most hours.

Those who likely have acquired APD because of long term noise exposure seem to present a little differently and don't seem to get as much perceived benefit. "

#### Alice Cerkoney, AuD (VA-Tampa, FL)

"Things have slowed down frankly since there are less blast injury patients (which is a good thing) but I do still fit "gentle amplification" for these folks referred to me (who have problems and typically tinnitus too) and they seemed relieved to have someone validate their issues."

 She reports that the TBI/CAPD users are very faithful in their wearing time and report significant subjective benefits.

#### Donna Geffner, PhD (St. Johns U., NY)

Fits teenage CAPD patients with Starkey "Halo" (iPhone-interfaced) RIC devices and has seen positive outcomes. They are particularly excited about the tech-y "phone connection" aspect of the devices. [The iPhone can be used as a companion mike, remote control, and can "geo-tag" custom environment settings.]

### Conclusions

- Questionnaire responses, patient acceptance, and subjective observations by parents/ educators/ therapists support the use of personal hearing devices (PHDs) as an effective management tool in many forms of CAPD, including cases associated with TBI.
- Engaged, proactive family, therapeutic and school support is a major factor in success.
- Use of concomitant FM/ wireless mic options likely enhances outcomes, but doesn't appear prerequisite to many of the observed benefits.

## Conclusions (Cont'd)

- While some PSAPs and other OTC/ internet or otherwise non-audiologically-supervised PHDs MAY provide certain benefits, the fitting of such devices to normal peripheral hearing, especially in children could be harmful and should be supervised by a APDqualified audiologist, including real-ear verification of safe levels and assessment of outcomes for evidence of benefits.
- Annual monitoring of hearing and key CAPD test outcomes is advised.
- Cost of quality PHDs/ lack of insurance coverage is a major deterrent to adoption of this form of CAPD management. Unbundled pricing may be a partial solution.

## Conclusions (Cont'd)

- Earlier intervention affords the potential of more robust outcomes (> neuroplasticity?) AND greater acceptance/utilization of the devices, often extending beyond mere classroom use to "life." >Use time >benefits. Cognitive deficits may limit perceived benefits.
- PHD stimulation often exhibits therapeutic effects (like with FM usage) beyond the mere target of signal access and clarity: binaural integration, temporal resolution, music appreciation, attention/focus, self-regulation, speech production/voice regulation.
- Use of PHDs <u>may</u> be useful as a "broad-spectrum" neuroplastic preparation to mitigate the magnitude of some CAPD deficits and reduce the number/ duration of other therapies required.

### For Future Consideration

- Formal efficacy research into this method of management should be undertaken.
- Assessment of dependency: trial "weaning strategies" could be attempted to assess the durability of benefits and the feasibility of withdrawal of amplification at some point.
- Advocating with the HA manufacturing industry to provide lower-cost, lowerfeatured, gain/SPL-limited PHDs with connectivity options as a "niche" product for use with CAPD/ minimal HL. ("Enhancer")

## For Future Consideration (Cont'd)

- Formal investigation into this method of management should include evaluating appropriate feature usage: directionality types, noise-reduction, band width and processing channels, attack/release times, expansion, compression ratios, linear vs. output limiting vs. WDRC, slim-tube vs. RIC.; etc.
- As a PRT therapy tool, providing alternate program for temporary frequency-enhancement to aid difficult discriminations (e.g. /f/ vs /Θ/).
- Possibly using Live Speech Mapping (LSM) as a short-term accompanying visual stimulus/ feedback mechanism to assist in PRT training.

## Is there evidence to support

# Personal Hearing Devices for CAPD Management (?)

Yes, I believe there is!

# THANK YOU!

IGAPS 2016 SPRING MEETING April 28-29, 2016 / KC, MO www.EAR-Central.com mowebb.earc@gmail.com



Michael O. Webb, M.S., CCC-A, FAAA

Neuro-Audiologist Auditory Processing Specialist

> 4524 E. Hereford Rd. Hereford, AZ 85615 (Mountainside Center)

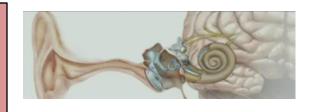
Phone/FAX: 1-877-508-1130 mowebb.earc@gmail.ccm

CAPD Diagnosis and Treatment

# THANK YOU!

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Michael O. Webb, M.S.,

Neuro-Audiologist Auditory Processing Specialist

**4524 E. Hereford Rd. Hereford, AZ 85615**(Mountainside Center)

Phone/FAX: 1-877-508-1130 mowebb.earc@gmail.com

CAPD Diagnosis and Treatment

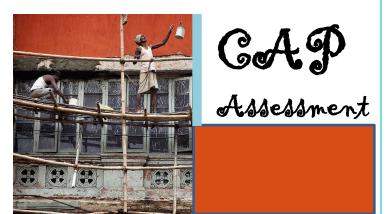
#### SUPPLEMENTAL SLIDES

(APPENDICES ONLY. NOT PART OF THIS PRESENTATION.)

**Buffalo Model CAPD Profiles (1)** 

**Bellis-Ferre CAPD Profiles (1)** 

**Deficit-Specific Therapy Supplement (3)** 



# Classification of Assessment APD Findings: Profiles

Buffalo Model (Katz): Communication Clusters

- Integration [INT]- Corpus Callosum (IHT)
- (Phonemic) Decoding [DEC]- Left Hemisphere
- Tolerance/ Fading Memory [TFM]- Anterior EF
- Organization [ORG]- Executive Function

Dedicated Deficit-Specific Therapy Manual Available

**CAPD: Mostly Management (Ed. Katz and Masters)** 

The Scaffolding of Renovation



# Classification of Assessment APD Findings: Profiles

#### **Bellis/ Ferre: 3 Primary**

Neurophysiological Substrates / Cognitive and Behavioral Sequelae

- 1. Auditory Integration Deficit- Corpus Callosum (IHT)
- 2. Prosodic Deficit- Right Hemisphere
- 3. Auditory Decoding Deficit- Left Hemisphere
- **2 Secondary** (related to higher-order abilities)
  - Associative ~Receptive Language (syntax/semantics)
  - Output-Organization ~Executive Function

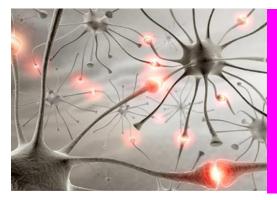
# The Scaffolding of Renovation



# Flexible-Source Therapy Options

- School-based or Outpatient SLP, Cognitive,
   Reading/Learning Support, Occupational Therapy.
- Home/Clinic-based Online/Software: CAPDOTs®, Hearbuilders, iOS apps (iPad): Acoustic Pioneer ®
- •CD materials: earobics, FastForward, DIID, CIAT
- Neuroplastic stimulation: Interactive Metronome,
   Tomatis (TLP, AIT, ILS)





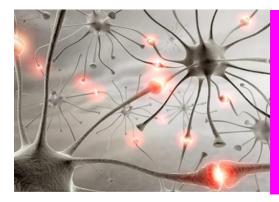
# Deficit-Specific Interventions

#### Beyond Therapies:

#### **Checklist:**

- •Environmental changes: Acoustics, noise level, visual distractions, distance. Freefield Amplification.
- •Teaching Strategies: Pre-teach, Handouts, Getting Attention, Less Information, Shorter "packages", Check Understanding, Encourage, Listening Breaks.





# Deficit-Specific Interventions

#### Checklist (Cont'd):

- •Self-Regulating Strategies: Whole-body Listening, Self-rehearsal, Self-Advocacy, Situational Problem-Solving.
- •FM Systems: Individual systems or Classroom.
- Open-ear, Ear-Worn receivers. Usually monaural.

Limited to classroom use (in most cases).

